

MENU SHEET

Week 1

Week Commencing Monday

	MON	TUES	WEDS	THURS	FRI	SAT	SUN
BREAKFAST 8.15AM TO 9.15AM	Choice of Fruit Juice, Grapefruit, Assorted Cereals, Toast, Marmalade or Jam, Bread and Butter, Porridge, Hot Drink						
MID MORNING 10.15AM	Fresh fruit platter (melon, pineapple, tangerines) Choice of Hot or Cold Drinks & Assorted Biscuits						
LUNCH 12.00PM COOKED MEAL	POACHED FISH, (COD OR HADDOCK) MASHED POTS, MIXED VEG, BROCCOLI PARSLEY SAUCE	ROAST GAMMON, PEAS & CHIPS BREAD & BUTTER	ROAST CHICKEN, STUFFING, MASHED POTS, SWEDE, CABBAGE & GRAVY	HOMEMADE FISH PIE, CARROTS & CAULIFLOWER	PORK SAUSAGE, CHIPS & PEAS, BREAD & BUTTER	WELSH ROAST LAMB, MASHED POTS, CABBAGE, SWEDE, GRAVY & MINT SAUCE	ROAST BEEF, YORKS PUD MASHED POTS, CARROTS, CAULIFLOWER, & GRAVY
DESSERT	CHERRY SPONGE & CUSTARD	STEWED APPLES & CUSTARD	LEMON CURD SPONGE & CUSTARD	BREAD & BUTTER PUDDING & FRESH CREAM	RICE PUDDING	FRUIT TART & CUSTARD	HOMEMADE FRUIT TRIFLE
MID AFTERNOON 2.45 Tea & Cakes	Hot Drinks and variety of Cakes available.						
HIGH TEA 5.00PM COOKED OR COLD MEAL	CORNED BEEF, CHIPS, SALAD BREAD & BUTTER OR CHOICE OF SANDWICHES	CHOICE OF SOUPS, & CHOICE OF SANDWICHES	BACON KIDNEY BEANS BREAD & BUTTER OR CHOICE OF SANDWICHES	ASSORTED COLD BUFFET, SANDWICHES, CRISPS ETC	WELSH RAREBIT OR CHOICE OF SANDWICHES	FISH FINGERS, PEAS, CHIPS BREAD & BUTTER OR CHOICE OF SANDWICHES	ASSORTED COLD BUFFET, SANDWICHES, CRISPS ETC
DESSERT HOT DRINK	PROFITEROLES & FRESH CREAM	JELLY & BLANCMANGE	FRUIT FLAN AND ICE CREAM	CUSTARD TARTS	VIENETTA ICE CREAM	FRUIT & IDEAL MILK	HOMEMADE CAKE
EVENING 7.00PM TO 7.30PM	Choice of Hot Drinks, Assorted Biscuits, Assorted Snacks and Sandwiches						

MENU SHEET**WEEK 2****Week Commencing Monday**

	MON	TUES	WEDS	THURS	FRI	SAT	SUN
BREAKFAST 8.15AM TO 9.15AM	Choice of Fruit Juice, Grapefruit, Assorted Cereals, Toast, Marmalade or Jam, Bread and Butter, Porridge, Hot Drink						
MID MORNING 10.15AM	Fresh fruit platter (melon, pineapple, tangerines) Choice of Hot or Cold Drinks & Assorted Biscuits						
LUNCH 12.00PM COOKED MEAL	POACHED FISH, (COD OR HADDOCK) MASHED POTS, MIXED VEG, BROCCOLI PARSLEY SAUCE	ROAST GAMMON, PEAS & CHIPS BREAD & BUTTER	ROAST CHICKEN, STUFFING, MASHED POTS, SWEDE, CABBAGE & GRAVY	PORK SAUSAGE, BACON, EGG MUSHROOMS, HASH BROWNS, BAKED BEANS CHOCOLATE SPONGE & VANILLA SAUCE	RED SALMON, CHIPS & PEAS BREAD & BUTTER JAM SPONGE & CUSTARD	WELSH ROAST LAMB, MASHED POTS, CABBAGE, SWEDE, GRAVY & MINT SAUCE FRUIT TART & CUSTARD	ROAST BEEF, YORKS PUD MASHED POTS, CARROTS, CAULIFLOWER & GRAVY HOMEMADE FRUIT TRIFLE
DESSERT DRINK	RHUBARB SPONGE & CUSTARD	RICE PUDDING	HOMEMADE EGG CUSTARD	CHOCOLATE SPONGE & VANILLA SAUCE	JAM SPONGE & CUSTARD	FRUIT TART & CUSTARD	HOMEMADE FRUIT TRIFLE
MID AFTERNOON 2.45 Tea & Cakes	Hot Drinks and variety of Cakes available.						
HIGH TEA 5.00PM COOKED OR COLD MEAL	CHOPPED HAM, CROQUETTES, SALAD, BR & BUT OR CHOICE OF SANDWICHES	CHEESE & POTATOE PIE TOMATOES OR CHOICE OF SANDWICHES	LASAGNE, CHIPS & GARLIC BREAD OR CHOICE OF SANDWICHES	ASSORTED COLD BUFFET SANDWICHES CRISPS ETC FRESH CREAM & APPLE SPONGE	CHOICE OF SOUPS, & CHOICE OF SANDWICHES FRUIT & ICE CREAM	SMOKED HADDOCK BR & BUT OR CHOICE OF SANDWICHES HOMEMADE JAM SPONGE	ASSORTED COLD BUFFET, SANDWICHES, CRISPS ETC HOMEMADE CAKE
DESSERT HOT DRINK	VIENETTA ICE CREAM	HOME MADE LOAF CAKE	HOMEMADE WELSH CAKES	FRESH CREAM & APPLE SPONGE	FRUIT & ICE CREAM	HOMEMADE JAM SPONGE	HOMEMADE CAKE
EVENING 7.00PM TO 7.30PM	Choice of Hot Drinks, Assorted Biscuits, Assorted Snacks and Sandwiches						